

Governor Don's District 4 Bulletin

STATE OF MIND

If you think you are beaten, you are,
If you think you dare not, you don't.
If you'd like to win but think you can't,
It's almost a cinch that you won't.
If you think you will lose, you've lost.
For out in the world you'll find
Success begins with a fellow's will,
It's all in the state of mind

Author Unknown

The above poem is a typewritten article that I carried with me through my entire career. When I was feeling defeated or weary, I would pull it out and read it over a few times and then go out and get the job done.

We have many within our ranks who think it is too late to turn Gyro into a growing, thriving club again. I choose to believe that if we focus on building Gyro, we can do it. It can be bigger and better than ever before. My reading and personal experience tells me that it is so.

TV, computers and smart phones have isolated many in our society. People who move to your town (*and we all have people moving to our town*) are looking for ways to connect because we are social beings. Without social contact we would wither and die. Genetics make us who we are and social interaction is what keeps us going. The social part is more important than good food and exercise and the rest of the things they tell us that we need. We live longer, healthier, happier lives when we are socially engaged.

An influx of new members to Gyro gives our group new energy and ideas and new folks to take on the offices that you are all tired of doing over and over.

What I have read is that there are *millions* of North American residents who are isolated for a great number of reasons. This being the case, we should be looking at growth, not back to a paltry 5,000 plus, but to 500,000 plus members. These prospective members are living near you. Reach out and invite someone to a meeting today.

*What we, as Gyros, are offering prospective members is a gift. We are not selling anything. Remember that when you joined Gyro, you were given the gift of friendship. Your duty was and still is to pass this gift forward. Are you offering others the same opportunity that was given to you? If you have the *will* to make Gyro grow, you will find the way!*

*We are offering a gift that is the greatest thing that one could ever give ...
the Gift of Friendship.*

